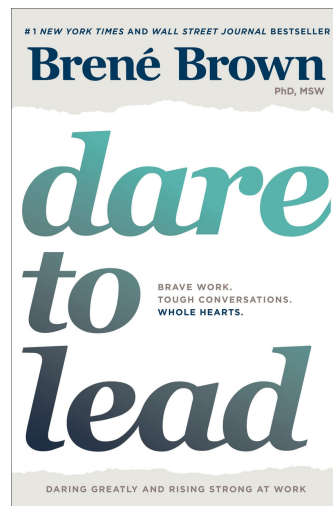


# *dare to lead*

DARING GREATLY AND RISING STRONG AT WORK



Where You Can Find Dare to Lead, by Brene Brown

- Checkout a hardcopy at the Russell County Public Library
- Checkout an ebook or e-audio using your RCPL library card
- Purchase a book or audio on Amazon or Audible.com
- Listen to the podcast

## **Dare to Lead Reading Guide**

### **Courage Culture**

D2L: xi – 15

“It’s not the critic who counts” in a courage culture. This is your invitation to join a community of learners who lead and leaders who learn – we hope you’ll accept!

### **Enneagram & “Who You Are Is How You Lead”**

Visit <https://assessment.youenneagramcoach.com/> for a fast and free online Enneagram assessment. Gut instinct answers only – there’s no such thing as right and wrong when it comes to this test.

### **Emotional Health**

D2L: 19 – 43

Vulnerability is the emotion we experience during times of uncertainty, risk, and emotional exposure. Learning how to rumble with vulnerability is our first lesson in leadership.

### **How to Have Tough Conversations**

D2L: 45 – 69

Leaders are called to courage and curiosity as they invest in themselves and others.

### **The Armory**

D2L: 71 – 117

Is your culture daring to embrace the difficult conversations and value always learning and staying curious, or is it rewarding armor like perfectionism, emotional stoicism, and false compartmentalizing?

### **Shame & Empathy**

D2L: 119 – 163

When we’re connected to our emotions and understand what they’re telling us, new worlds open up for us, including better decision making and critical thinking, and the powerful experiences of empathy, self-compassion, and resilience.

### **Be Curious, Not Judgmental**

D2L: 165 – 181

Grounded confidence is the messy process of learning and unlearning, trying and failing, and surviving a few misses. It’s real, solid, and built on self-awareness and practice.

### **Living Into Our Values**

D2L: 185 – 217

Living into our values means that we do more than profess our values, we practice them. We are clear about what we believe and we take care that our intentions, words, thoughts, and behaviors align with those beliefs.

### **Braving Trust**

D2L: 221 – 238

Trust is not only necessary for building elite performance, it’s a must-have for continuous improvement and sustainable, measurable, tangible results in the marketplace.

### **Learning to Rise**

D2L: 241 – 272

When we have the courage to walk into our own story and own it, we get to write the ending. Talk about daring leadership.